

Date, # wt loss observed, met with pt and decided to do XYZ.

F/u date wt loss continues, no change in po and pt refusing interventions agreed upon. Notified MD, Requested change in wt frequency, requested labs, etc.

Hope this kinda helps.....

Hi Roxana

This info came from the dietetics list serve (2002)

Trace edema 3-5 lb

+ 1 edema 4-8 lb

+ 2 edema 8-12 lb

+ 3 edema 12-20 lb

So for +2-3 edema = anywhere between 8-20 lb weight loss can be anticipated.

It sounds (based on your info) that weight loss is anticipated (i.e. Bumex, poor oral intake). If you offered (and documented) refusal of supplements/ fortified foods, etc and care planned resident's dislike of many foods offered on menu, that should be enough?

Did she have a significant weight decline? or has this been a gradual decline? After your initial assessment, did you have any f/up notes?

Hope this helps
Hang in there
Valerie

I did find a reference that may help you out on Monday:

"Before edema is noticeable, the body may retain 5-10 pounds of fluid (Bulechek & McCloskey, 1999)"

Foundations of Basic Nursing, by Lois White, pg 397.

It also refers to 1 liter of fluid is = 2.2kg

I wasn't able to find a citable reference regarding pitting edema and its equivalency to weight or fluid.

Good Luck,
Niki

Start the year off right. Easy ways to stay in shape in the new year.

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